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Assessing the Potential for Hepatotoxicity for Combination Therapy of Valproate (VPA) and CBD using Quantitative Systems Toxicology (QST)

DILIsym Correctly Predicts CBD ALT Elevations and Evaluates Interaction Mechanism(s)

AASLD FDA DILI Meeting 2021 Vinal Lakhani, PhD

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Project Scenario and Goal

- Epidiolex (highly purified CBD) is efficacious in treating seizures associated with Dravet syndrome (DS), Lennox-Gastaut syndrome (LGS), and Tuberous Sclerosis Complex (TSC)
- In the clinical trials of these patients, ALT elevations were seen in 21% of trial participants taking CBD with concomitant valproate (VPA) compared with 3% in participants not taking VPA [Epidiolex prescription info]
- <u>GOAL</u>: To identify the mechanism(s) accounting for the higher incidence of ALT elevation observed during concomitant treatment with VPA and CBD by using a Quantitative Systems Toxicology (QST) model of hepatotoxicity (DILIsym[®])
- HYPOTHESIS: Increased incidence of ALT elevations was due to VPA and CBD (or metabolites of each) inhibiting mitochondrial respiration





DILIsym Input Data

Exposure





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GastroPlus PBPK Models for VPA and CBD Optimized and Validated Against Clinically Measured Plasma Exposure

VPA PBPK Model



CBD Metabolism & PBPK Model



Clinical Data and Simulated Results

Parameterization of Hepatotoxicity Mechanisms for Both Compounds was Based on *in vitro* Assay Results

- Mechanistic *in vitro* data were collected for VPA, CBD, and its two main plasma metabolites (7-COOH-CBD, 7-OH-CBD) for three hepatotoxicity mechanisms: production of reactive oxygen stress (ROS), mitochondrial dysfunction, and inhibition of bile acid (BA) transporters
 - The in vitro data were used to determine toxicity parameter values for each compound in DILIsym



Assay Evaluating Mitochondrial Toxicity (example: VPA)





Preclinical Data and Simulation Results DILIsymServices

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VPA Simulations in DILIsym Accurately Predict Frequency and Dynamics of ALT Elevations Observed Clinically

- Simulations of VPA for 15 weeks with dose titration
 - 1st week: 5 mg/kg BID
 - 2nd week: 10 mg/kg BID
 - maintenance dose: 10 mg/kg BID
- Simulations with the mitochondrial biogenesis mechanism show resolution of ALT elevations with continued dosing, which matches clinical observations
- Simulated frequency of ALT elevations (12%) matches clinical observations (5 – 10%) [NIH LiverTox Website]



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DILIsym CBD Simulation Results Predict an Exposure-Response Relationship with ALT Elevations

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CBD Dose	ALT > 3x ULN
12.5 mg/kg BID Fasted	2/285 (0.7%)
12.5 mg/kg BID Fed	149/285 (52.3%)
10 mg/kg BID Fed	108/285 (37.9%)
5 mg/kg BID Fed	24/285 (8.4%)

In a trial of 16 healthy adults receiving 1500 mg/day CBD (fed state), 7 (44%) developed ALT elevations >3x ULN [Watkins et. al. 2020]

- Simulations of CBD for 15 weeks with dose titration
 - 1st week: 2.5 mg/kg BID
 - Increase by 2.5 mg/kg BID weekly until maintenance dose reached
- Doses are simulated under entirely "Fasted" or entirely "Fed" conditions
- Simulations predict exposuredependent ALT elevations
 - Note: the exposure under "Fed" condition is about 5x higher than under "Fasted" condition for the same dose



Simulation Results

VPA and CBD Combined Therapy Shows Two Separate Peaks in Simulated ALT

- VPA + CBD concomitant dosing simulated for 15 weeks in DILIsym
- VPA dosed alone for first two weeks; titrated (as outlined before) up to 10 mg/kg BID maintenance dose
- Beginning on 3rd week, CBD was titrated up to 12.5 mg/kg BID
 - Maintenance dose reached starting 7th week
 - All CBD doses were under "Fasted" condition
- Simulated ALT elevations had returned to near baseline levels before CBD dosing began
- After CBD dosing began, a second (less frequent) elevation in ALT levels was predicted



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When CBD is Given After VPA Maintenance Achieved, Simulated Toxicity Effects Appear Additive







- Combined therapy results
 are shown above the dashed
 line
- Individual therapy results are reprinted below the dashed line for comparison
- By end of 2nd week, the ALT and bilirubin levels are nearly back to ULN levels



CBD Titrated to 12.5 mg/kg BID

 10^{1}

 10^{2}

Simulation Results

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Mechanistic Investigations in SimCohorts Indicate Strong Sensitivity to Oxidative Stress

- Mechanistic analyses performed using n=46 lowest body weight SimCohort
 - CBD maintenance dose 12.5 mg/kg BID under "Fed" conditions
- Toxicity does not manifest if ROS is turned off
- Parent CBD has largest contribution to simulated ALT elevations
 - Metabolites also contribute to simulated toxicity

Mechanisms Off*	Chemical Species Off**	ALT >3x ULN
None	None	24/46
ROS	None	0/46
ETCi	None	24/46
BAi	None	24/46
None	CBD	11/46
None	7-COOH- CBD	16/46
None	7-OH-CBD	23/46

*Mechanisms Off refers to mechanisms that were disabled during the simulation

**Chemical Species Off refers to drug/metabolite species whose toxicity was disabled during the simulation



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DILIsym Simulation Results Summary

Compound	Dose	ALT > 3x ULN
VPA Alone	10 mg/kg BID	33/285 (11.6%)
CBD Alone	12.5 mg/kg BID Fasted	2/285 (0.7%)
	12.5 mg/kg BID Fed	149/285 (52.3%)
	10 mg/kg BID Fed	108/285 (37.9%)
	5 mg/kg BID Fed	24/285 (8.4%)
VPA + CBD	10 mg/kg BID (VPA) 12.5 mg/kg BID Fasted (CBD)	35/285 (12.3%)

- Simulation results show an exposure-response relationship between CBD and frequency of ALT elevations
- The DILIsym simulations suggest that interference with mitochondrial respiration does not account for the large increase in frequency of ALT elevations observed in VPA-treated patients who start treatment with CBD



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