#### Model-Informed Drug Development

#### **2021 Virtual Conference**

#### Pharmacometrics in Phase 2 – Proof-of-Concept and Dose Selection for Phase 3/Marketing

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# Phase 2 Studies



- Intent-to-treat (ITT) population
- Goals
  - Efficacy (proof-of-concept)
  - Safety

Dose selection for large-scale Phase 3 studies



2a

2b

2a, 2b

# "Exposure-response information is at the heart of any determination of the safety and effectiveness of drugs"

FDA's Guidance for Industry: Exposure-Response Relationships — Study Design, Data Analysis, and Regulatory Applications





#### **Exposure-Response**

#### Pharmacokinetics (PK) **Pharmacodynamics (PD)** oxicity **Drug** concentration Efficacy Response Dose Level of acceptable toxicity Time Exposure Concentration, AUC, Cmax, Cmin SI SimulationsPlus



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#### **Exposure-Response**

#### Pharmacokinetics (PK)

Population compartmental modeling Pharmacodynamics (PD)

- Longitudinal PK/PD (empirical or semi-mechanistic)
- Direct exposure-response
- Logistic regression
- Proportional odds model
- Survival (time-to-event)

Exposure Concentration, AUC, Cmax, Cmin

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Dose

#### Pharmacometrics Analyses

#### Determinants of drug PK

- Dose, route of administration, formulation
- Covariate effects (size, special populations, comedications, etc.)
- Determinants of response
  - Potential delay between drug exposure and response
  - Mechanism of action
  - Which exposures best relates to response
  - Disease progression, placebo response
  - Covariate effects (demographics, baseline, comedications, comorbidity etc.)





# Where can pharmacometrics help?

- Design of Phase 2 studies
  - Analysis of Phase 2 data
    - Support the understanding of efficacy and safety and their determinants
    - Support end-of-phase-2 meetings with regulatory agencies
- Design and dose selection of Phase 3 studies using model-based clinical trial simulation





# **PRIOR TO PHASE 2**





### **Proof of Concept Studies**

- Primary endpoint(s) typically defined as some measure(s) of efficacy at a given time point
- Traditional statistical methods
- Population size defined such as to achieve a given power to detect a target effect using this statistical approach



### Model-based Power Approach

Type 2 diabetes (HbA1c) Acute stroke (NIH Stroke Scale) а Pharmacometric model-based power (POC) Pharmacometric model-based power (POC) b t-test based power t-test based power 100 100 A factor 4.3 A factor 8.4 80 80 difference difference Power (%) ower (%) 60 60 40 40 20 20 50 150 100 200 300 400 500 600 100 Total number of patients Total number of patients

Phase 2a (PoC): Active vs Placebo



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## Model-based Power Approach

Phase 2b (dose ranging) 3 dose levels + placebo





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### Model-based Power Approach

#### Pros:

- Reduce the number of patients exposed to experimental treatment
- Reduce trial cost and duration (especially if enrollment rate is slow)

#### Cons:

 Require prior knowledge of disease / biomarker models and "best guess" of pharmacokinetic and pharmacodynamic properties of the drug in the ITT population





# **DURING PHASE 2**





## Study Case: Dasotraline

- Attention-deficit/hyperactivity disorder (ADHD)
- Inhibitor of dopamine (DAT), norepinephrine (NET), and serotonin (SERT) transporters
- 500+ participants in 3 phase 1 and 1 phase 2 studies
- Nonlinear mixed effect models:
  - PK model
  - E-R model of norepinephrine metabolite 3,4-dihydroxyphenylglycol (DHPG) dynamics (marker of NET inhibition)
  - E-R model of ADHD symptoms rating scale (ADHD RS-IV)
  - Dropout model





### Dosatraline PK

Data collected after single and multiple dose

Slow absorption and (nonlinear) elimination





# **Population PK Model**



- Complex time-dependent clearance with linear and saturable components  $CL(t) = CL_{int} - CL_{ind} \times e^{-\alpha \times t}$
- Covariate analysis tested effects of various demographic and lab variables
- Body weight significantly influenced clearance and volume of distribution



### Side-note about Forrest Plots

Plot generated based upon upadacitinib PK model using pooled phase 1 and phase 2 data







# Modeling of DHPG

- > DHPG concentration reflects > norepinephrine uptake and metabolism by NET inhibitors
- DHPG relates to dosatraline PK following a power function

$$DHPG = DHPG_0 - \alpha \times \left(\frac{PK(t)}{\overline{PK}}\right)'$$

- Data and model estimates shows incomplete but still clinically relevant inhibition of NET
- None of the screened covariate was not be significant descriptor of DHPG response





# Modeling of ADHD Symptoms Scores

- Majority of > ADHD RS-IV score occurred by week 1 during which dasotraline concentrations were low
- Additional reduction in ADHD RS-IV score achieved with dasotraline
- Placebo effect described by an inverse Michaelis-Menten model of time and dasotraline effect as a linear effect on the maximum effect of time.







# **Modeling of Participant Dropout**

- % dropouts 
  \* with dose in phase 2 trial
- Dropouts were mostly due to AE
- Cox proportional hazard survival model linking dropout with ≯ in time and average dasotraline concentration: dropouts 4 times less likely at 4 mg than 8 mg QD







### **Other Applications**

- Disease progression
- Adverse event incidence
- QT prolongation
- Meta-analysis and comparison to competitor products



# **STAGING PHASE 3**





### **Clinical Trial Simulations**

PK models, disease-drug models of efficacy, safety, and dropout models from phase 2 data can be leveraged to simulate virtual phase 3 clinical trials to predict outcomes under various scenarios (dosing scheme, duration, population characteristics and size, etc)



### Study Case: Dasotraline



- Minimal effective dose: 4 mg QD
- No effect dose at 2 mg QD
- Optimal duration of treatment: 8-week
- Sample size: ≥ 200

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Hopkins et al, doi:10.1007/s40261-015-0358-7



### Other Applications

- New target populations (eg, pediatrics) if similar pathophysiology
- Dose adjustment in subpopulation with specific intrinsic (eg, renal impairment) or extrinsic factors (eg, co-medications)
- New formulation, dose or route of administration





#### Conclusions

- Pharmacometrics can support design and analysis of phase 2 trials
- Evidence of efficacy and safety
- Integral part of documentation for end-of-phase
  2 meetings

#### Support design of phase 3 trials





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# Karlsson et al, doi:10.1038/psp.2012.24

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#### **NIH Stroke Scale**

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#### FPG + HbA1c



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